



core nutrition

## Supplement Facts

Serving Size: 1 Scoop (29.00 g)  
Servings Per Container 15

|  | Amount per Serving                  | % Daily Value |
|--|-------------------------------------|---------------|
| Calories   | 100                                 |               |
| Total Fat  | 0.5 g                               | 1%*           |
| Total Carbohydrate   | 19 g                                | 7%*           |
| Total Sugars   | 16 g                                | **            |
| Includes 15g Added Sugars                                      |                                     | 30%*          |
| Protein  | 5 g                                 |               |
| Vitamin A  | 760 mcg                             | 84%           |
| Vitamin C  | 135 mg                              | 150%          |
| Vitamin D  | 5 mcg                               | 25%           |
| Vitamin E  | 46 mg                               | 307%          |
| Vitamin K  | 30 mcg                              | 25%           |
| Thiamin  | 0.8 mg                              | 67%           |
| Riboflavin   | 0.9 mg                              | 69%           |
| Niacin   | 10 mg                               | 63%           |
| Vitamin B6   | 1 mg                                | 59%           |
| Folate   | 340 mcg DFE<br>(200 mcg folic acid) | 85%           |
| Vitamin B12  | 3 mcg                               | 125%          |
| Biotin   | 150 mcg                             | 500%          |
| Pantothenic Acid   | 5 mg                                | 100%          |
| Calcium  | 570 mg                              | 44%           |
| Iron   | 9 mg                                | 50%           |
| Phosphorus   | 190 mg                              | 15%           |
| Iodine   | 75 mcg                              | 50%           |
| Magnesium  | 120 mg                              | 29%           |
| Zinc   | 7.5 mg                              | 68%           |
| Selenium   | 50 mcg                              | 91%           |
| Copper   | 1 mg                                | 111%          |
| Manganese  | 0.5 mg                              | 22%           |
| Chromium   | 50 mcg                              | 143%          |
| Molybdenum   | 50 mcg                              | 111%          |
| Sodium   | 90 mg                               | 4%            |
| <b>Now for Kids Proprietary Blend</b>                          | 408 mg                              | **            |
| Omega 3 Fatty Acids (from anchovy/sardine, soy lecithin, milk) | **                                  | **            |
| Phosphatidylserine (from soy bean)                             |                                     | **            |
| Phosphatidylcholine  |                                     | **            |
| Grape (seed) Extract   |                                     | **            |

\*Percent Daily Values are based on a 2,000 calorie diet.  
\*\*Daily value not established.

**Other Ingredients:** Fructose, Non-GMO Soy Blend with LunaRich® Soy Powder, Cocoa, Calcium Carbonate, Dimagnesium Phosphate, Natural & Artificial Flavor, Inulin, Non-GMO Soy Lecithin, Ascorbic Acid, Sodium Chloride, Alpha Tocopheryl Acetate (source of Vitamin E), Dicalcium Phosphate, Xanthan Gum, Guar Gum, LunaRich® X Soy Extract, Rebiana (stevia leaf extract), OptiZinc® Zinc Monomethionine, Ferrous Fumarate, Biotin, Vitamin A Palmitate, Niacinamide, PABA, Calcium Pantothenate, Copper Gluconate, Vitamin K, Vitamin D3, Pyridoxine Hydrochloride, Manganese Sulfate, Riboflavin, Sodium Selenite, Thiamine Hydrochloride, Potassium Iodide, ChromeMate® Chromium Polynicotinate, Vitamin B12, Folic Acid and Sodium Molybdate. **CONTAINS: SOY, MILK AND FISH (ANCHOVY AND SARDINE)**

