



luna rich™

# now

core nutrition

dietary supplement

## Supplement Facts

Serving Size: 1 Scoop (18.76 g)  
Servings Per Container 30

	Amount per Serving	% Daily Value
Calories	55	
Calories from Fat	10	
Total Fat	1 g	2%†
Total Carbohydrate	5 g	2%†
Dietary Fiber	1 g	4%†
Sugars	2 g	
Protein	7 g	14%†
Vitamin A	2500 IU	50%
Vitamin C	480 mg	800%
Vitamin D	400 IU	100%
Vitamin E	60 IU	200%
Thiamin (vitamin B1)	3 mg	200%
Riboflavin (vitamin B2)	4 mg	235%
Niacin	20 mg	100%
Vitamin B6	4 mg	200%
Folic Acid	400 mcg	100%
Vitamin B12	18 mcg	300%
Biotin	300 mcg	100%
Pantothenic Acid	20 mg	200%
Calcium	1000 mg	100%
Iron	10 mg	56%
Phosphorus	800 mg	80%
Iodine	150 mcg	100%
Magnesium	200 mg	50%
Zinc	16 mg	107%
Selenium	50 mcg	71%
Copper	2 mg	100%
Manganese	2 mg	100%
Chromium	50 mcg	42%
Molybdenum	75 mcg	100%
Sodium	100 mg	4%
Potassium	150 mg	4%
<b>Now Proprietary Blend</b>	197 mg	**
LunaRich X® Proprietary Non-GMO Soy Blend		**
L-Methionine		**
Rose Hips (fruit)		**
Rutin (from Japanese Sophora (flower))		**
Kelp (whole plant) Extract		**
Cayenne (fruit)		**
Licorice (root) Extract		**
Chinese Rhubarb (root) Extract		**
Enzyme Blend		**
Bromelain (from Pineapple (stem))		**
Papain (from Papaya (fruit))		**
Maritime Pine (bark) Extract (Pycnogenol®)		**
Garlic (bulb)		**
Butternut (bark)		**
Irish Moss (whole plant)		**

†Percent Daily Values are based on a 2,000 calorie diet.  
\*\*Daily value not established.



glutenfree



CHROME MATE®



OptiZinc®

K



**Other Ingredients:** Non-GMO Soy Blend with LunaRich® Soy Powder, Dicalcium Phosphate, Fructose, Magnesium Phosphate, Calcium Carbonate, Ascorbic Acid, Brewer's Yeast, Natural & Artificial Flavor, Non-GMO Soy Lecithin, Sodium Chloride, d-Alpha Tocopheryl Acetate, Potassium Chloride, OptiZinc® Brand of Zinc Monomethionine, Rebiana (stevia leaf extract), Inulin, Biotin, Molybdenum Yeast, Calcium Pantothenate, Ferrous Fumarate, Niacinamide, Copper Gluconate, Vitamin A Palmitate, Selenomethionine, Pyridoxine Hydrochloride, Manganese Sulfate, Riboflavin, Vitamin D3, Thiamin Hydrochloride, Vitamin B12, Potassium Iodine, Folic Acid, ChromeMate® Brand of Niacin Bound Chromium Polynicotinate.