



energy

Nutrition Facts

30 Servings Per Container

Serving Size

1 Scoop (19g)

Amount per serving

Calories

70

% Daily Value

Total Fat 0g	0%
Sodium 55mg	2%
Total Carbohydrate 18g	7%
Total Sugars 14g	
Includes 14g Added Sugars	28%
Protein 0g	
Calcium 110mg	8%
Potassium 70mg	2%
Vitamin C 70mg	80%
Magnesium 50mg	10%
Zinc 4 mg	35%
Chromium 50 mcg	140%

Not a significant source of saturated fat, trans fat, cholesterol, dietary fiber, vitamin D and iron.

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Other Ingredients: Fructose, Maltodextrin, Citric Acid, Tricalcium Phosphate, Natural Flavor, Potassium Citrate, Sodium Chloride, Magnesium Oxide, Ascorbic Acid, Sunflower Oil, L-Glutamine, Beta Carotene, OptiZinc® brand of Zinc Monomethionine, L-Carnitine and ChromeMate® Brand of Niacin Bound Chromium Polynicotinate.

ChromeMate® brand of niacin-bound chromium and OptiZinc® brand of zinc monomethionine are registered trademarks of InterHealth N.I.



glutenfree



dairyfree

K

OptiZinc®

CHROME MATE®