



energy

## Nutrition Facts

30 Servings Per Container

Serving Size

1 Scoop (19g)

Amount per serving

**Calories 70**

% Daily Value

**Total Fat** 0g **0%**

**Sodium** 55mg **2%**

**Total Carbohydrate** 18g **7%**

Total Sugars 14g

Includes 13g Added Sugars **26%**

**Protein** 0g

Calcium 110mg 8%

Potassium 70mg 2%

Vitamin C 70mg 80%

Magnesium 50mg 10%

Zinc 4 mg 35%

Chromium 50 mcg 140%

Not a significant source of saturated fat, trans fat, cholesterol, dietary fiber, vitamin D and iron.

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Other Ingredients:** Fructose, Maltodextrin, Citric Acid, Tricalcium Phosphate, Natural Flavor, Potassium Citrate, Sodium Chloride, Magnesium Oxide, Ascorbic Acid, Sunflower Oil, L-Glutamine, Beta Carotene, OptiZinc® brand of Zinc Monomethionine, L-Carnitine and ChromeMate® Brand of Niacin Bound Chromium Polynicotinate.

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