



with  
luna  
rich™

# reshape

creamy  
vanilla  
shake

scientifically  
formulated meal replacement

## Reliv® ReShape Nutritional Information

SERVINGS PER CONTAINER: 10 SERVING SIZE: 48g

	PER SERVING (48g)	PER 100g
Energy	861.9 kJ (206 cal)	1795.3 kJ (429.1 cal)
Protein	12 g	25.0 g
Fat	7.6 g	15.8 g
Saturated Fat	1.7 g	3.54 g
Carbohydrates	22.5 g	46.9 g
Sugars	15.3 g	31.9 g
Fibre	1.5 g	3.1 g
Linoleic Acid (polyunsaturated fatty acids)	0.3 g	0.6 g
Sodium	108.4 mg	225.8 mg
Potassium	372.1 mg	775.1 mg
<b>VITAMINS</b>		
	<b>% DAILY ALLOWANCE</b>	
Vitamin A	39	237.6 mcg 494.9 mcg
Vitamin B1	50	0.55 mg 1.1 mg
Riboflavin	50	0.85 mg 1.8 mg
Vitamin B12	50	1.0 mcg 2.1 mcg
Niacinamide	50	5.0 mg 10.4 mg
Vitamin C	50	20.0 mg 41.7 mg
Vitamin D	50	4.17 mcg 8.7 mcg
Vitamin B6	50	0.80 mg 1.7 mg
Vitamin E	50	5.0 mg 10.4 mg
Folic Acid	50	0.10 mg 0.2 mg
Pantothenic Acid (d-calcium pantothenate)	17	0.80 mg 1.7 mg
Biotin	17	5.0 mcg 10.4 mcg
Vitamin K	50	40.0 mcg 83.3 mcg
<b>MINERALS</b>		
Calcium	50	420.0 mg 874.9 mg
Iodine	50	67.9 mcg 141.4 mcg
Iron	40	3.18 mg 6.6 mg
Phosphorus	40	410.0 mg 854.0 mg
Magnesium	50	160.0 mg 333.3 mg
Zinc	40	4.8 mg 10.0 mg
Copper	13	0.275 mg 0.6 mg
Selenium	25	16.2 mcg 33.7 mcg
Molybdenum	17	39.35 mcg 82.0 mcg
Chromium	17	31.48 mcg 65.6 mcg
Manganese	17	0.73 mg 1.5 mg

**INGREDIENTS** [Sweetener] Fructose, Non-dairy creamer (High Oleic Sunflower oil, maltodextrin, sodium caseinate (milk), dipotassium phosphate, soy lecithin, silicon dioxide, and natural tocopherols), Non-GMO Soy Protein Isolate, Non-GMO LunaRich™ Soy Powder, Natural & Artificial Flavour, [Pre-Biotic] Inulin, [Processing Aid] Non-GMO Soy Lecithin, Citrus Aurantium (Advantra Z®) and Beet Powder. **Vitamins:** Ascorbic Acid, d-Alpha Tocopheryl Acetate, Niacinamide, Vitamin K, Vitamin A Palmitate, Vitamin D3, Pyridoxine Hydrochloride, Folic Acid, Riboflavin, Thiamin Hydrochloride, Calcium Pantothenate, Biotin and Vitamin B12. **Minerals:** Dimagnesium Phosphate, Dicalcium Phosphate, Potassium Chloride, Sodium Chloride, Zinc Methionine, Ferrous Fumarate, Potassium Iodide, Sodium Molybdate, Manganese Sulfate, Copper Gluconate, Sodium Selenite and Chromium Polynicotinate.

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glutenfree

