



# Classic®

AUST L 174150  
 vitamin, mineral & herbal  
 supplement oral powder



glutenfree

<b>Reliv Classic Consumer Information Panel</b>			
Each container provides 28 days supply, when used as recommended EACH 17.8 g (2 scoops) provides:			
Betacarotene	3.0 mg	Magnesium (from Magnesium phosphate 989.6 mg)	200.0 mg
Cholecalciferol (Vitamin D3)	10.0 mcg	Iodine (from Potassium Iodide 197.37 mcg and Ascophyllum nodosum whole plant powder 10.8 mg)	156.3 mcg
dl-alpha-Tocopheryl acetate (Vitamin E)	66 mg	Zinc (from Zinc oxide 19.95 mg)	16.0 mg
Thiamine (as Thiamine Hydrochloride)	3.0 mg	Selenium (as Selenomethione)	50 mcg
Vitamin B1	4.2 mg	Copper (from Copper gluconate 14.3 mg)	2.0 mg
Riboflavin (Vitamin B2)	20.0 mg	Chromium (from Chromic chloride 256.3 mcg)	50.0 mcg
Nicotinamide	480.0 mg	<b>Includes powders of:</b>	
Ascorbic Acid (Vitamin C)	4.0 mg	Ascophyllum nodosum whole plant (Kelp)	10.8 mg
Pyridoxine (as Pyridoxine Hydrochloride)	18.0 mcg	Plantago ovata (psyllium) seed husk	564.3 mg
Vitamin B6	300.0 mcg	Saccharomyces cerevisiae cell (yeast)	720.9 mg
Cyanocobalamin (Vitamin B12)	400.0 mcg	Glycyrrhiza glabra root (Licorice)	18.0 mg
Biotin	20.0 mg	Allium sativum bulb (Garlic)	18.0 mg
Folic Acid	100.0 mg	Rheum officinale root (Rhubarb)	18.0 mg
Pantothenic acid (as Calcium pantothenate)	996 mg	Rosa canina fruit (Rosehips)	18.0 mg
Potassium (from Potassium citrate 276.54 mg)	5.0 mg	Capsicum annum fruit (Cayenne)	18.0 mg
Calcium (from Calcium carbonate 2.05 g and Calcium Hydrogen Phosphate anhydrous 669.3 mg)	406.9 mg	<b>In a base containing:</b>	
Iron (from Ferrous fumarate 15.2 mg)		Non-GMO Soy protein, Non-GMO Soya bean, Lecithin, Flavours and other formulation aids.	
Phosphorus (from Calcium hydrogen phosphate anhydrous 669.3 mg and Magnesium phosphate 989.6 mg)			
<p>This product contains Selenium which is toxic in high doses. A daily dose of 150 mcg for adults of selenium from dietary supplements should not be exceeded. Selenium containing products are not suitable for use by children under the age of 15 years.</p>			
<p>Vitamins can only be of assistance if the dietary vitamin intake is inadequate.</p>			
<p>Made in USA by Reliv International, Inc. • PO Box 405 • Chesterfield, MO 63006-0405</p>			