

The Reliv Difference: A Better Value for Your Health

Reliv's scientific approach to optimal nutrition offers much more than you can find in any ordinary fiber powder on the market. That's because FibRestore is more than an ordinary fiber powder. We challenge you to find a better fiber supplement on any store shelf!

FibreStore® vs. Competition



	Reliv's FibRestore®	Metamucil® Smooth	Benefiber®
Calories	10	45	15
Dietary Fiber	40%	12%	12%
Vitamin A	70%	0%	0%
Vitamin C	500%	0%	0%
Vitamin E	660%	0%	0%
Oriental Ginseng	Yes	No	No
Garlic	Yes	No	No
Capsicum Fruit	Yes	No	No
Licorice Root	Yes	No	No
Kelp	Yes	No	No
Rhubarb Root	Yes	No	No
Hibiscus Flower	Yes	No	No
Irish Moss	Yes	No	No
Siberian Ginseng	Yes	No	No
Aloe Vera	Yes	No	No
Chicory Root	Yes	No	No
Dandelion Root	Yes	No	No
Chamomile Flower	Yes	No	No
Alfalfa Herb	Yes	No	No
Pearl Barley	Yes	No	No
Cayenne	Yes	No	No
Ginger Root	Yes	No	No
Celery Seed	Yes	No	No
Sarsaparilla Root	Yes	No	No
Passion Flower	Yes	No	No
Foenugreek	Yes	No	No
Papain	Yes	No	No
Bromelain	Yes	No	No