

91020 **Innergize!®** Lemon
 91021 **Innergize!®** Orange

Purpose: Sports Nutrition

Servings: 30

Directions: Mix one scoop (one serving) daily with 8 oz. of water or other favorite beverage.



It has... (Features)	Which means... (Benefits)
An advanced blend of vitamins, minerals and carbohydrates designed to help prevent dehydration and restore energy...	...you'll be able to work out longer and more effectively with less fatigue while maintaining your electrolyte balance.
Antioxidants in the form of Vitamins C and Vitamin A — including beta carotene...	...it protects cell membranes against damage including protecting skin from environmental stress.
ChromeMate®, the most readily absorbed form of chromium available...	...your body will be able to process carbohydrates more efficiently and will receive a boost in energy production, muscle development and fat and cholesterol metabolism.
OptiZinc®, the most readily absorbed form of zinc available...	...you'll receive numerous benefits to your immune system and help in repairing muscle damage, which helps you recover faster after you workout.
L-Carnitine and L-Glutamine...	...it helps transport fatty acids to release more energy and promotes lean muscle development.
Balanced level of sodium and potassium which are important cellular electrolytes...	...it supports muscle exertion without cramping and perspiration without salt depletion.
Two delicious flavor options...	...there's a flavor everyone is sure to love!

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

