

# deliciously satisfying

## scientifically formulated meal replacement

Do you want a satisfying meal that takes just seconds to make and tastes delicious? ReShape is not just tasty, but a convenient, highly nutritional choice for your everyday life.

#### **Sound Familiar?**

- Have no time to prepare a healthy breakfast.
- Skip meals or **feel hungry** between meals.
- Have **no energy** by the afternoon.
- Need a light but **nutritious meal** before exercising.
- Want to change shape or manage weight.
- Have problems fitting all the **nutrients** into one meal.
- Have a sluggish metabolism due to poor diet and/ or skipping meals.

Getting the right balance of nutrients during the day, every day, is key for your health. Our bodies are designed to work on certain amounts and proportions of macro and micronutrients.

## Get in Shape, Stay in Shape

Scientifically formulated ReShape is packed with high quality soy protein plus all the vitamins, minerals and antioxidants your body requires to be in great shape.

Reliv ReShape is a quick and healthier option for people who want to look and feel their best.









#### **Features and Benefits**

**Feature:** A full range of essential vitamins and minerals. **Benefit:** Not only does it help you to lose weight, it also provides optimal nutritional support — it's weight loss the healthy way.

**Feature:** A full 6 grams of protein from whole soy powder. **Benefit:** It keeps you feeling fuller longer so you're not hungry an hour after lunch.

**Feature:** Simply mix with water or milk.

**Benefit:** It's a convenient, fast and nutritious meal for

those on the go.

**Feature:** Low saturated fat, low cholesterol and a good source of dietary fiber.

**Benefit:** It provides a great nutritional option for those seeking to take control of their health.

### How to ReShape?

Replace 1 meal with a ReShape shake and add 2 LunaRich X capsules to your regimen for best results.

Get in shape faster by replacing two meals a day with Reliv ReShape creamy shakes plus 4 LunaRich X capsules and eat a balanced main meal.

ReShape for a healthy, safe and effective weight management!

Not to be used as the sole source of diet except under medical direction. Consult your physician before beginning a weight reduction program.

For more information or to order: reliv.com.ph/p/reshape



