

nutrition made simple
life made rich



product catalogue





Inadequate nutrition can leave you feeling tired and depressed. Even marginal shortages of essential nutrients may render you less able to resist everyday exposure to viruses and infection, create fatigue, and slow down your rate of recovery.

Are You at Risk?

With evidence growing of the link between incorrect diet and chronic diseases, combined with our cultural affinity for processed and fast food, snack and convenience meals, the risks can only increase.

What's the Answer?

Reliv's nutritional supplements can help make the difference in your life. We combine cutting-edge technology with the finest quality ingredients to create health-enhancing products that provide nutritional support for optimal performance every day.

Cutting Through The Clutter!

Although you appreciate the benefits of nutritional supplementation, trying to choose between hundreds of bottles of vitamins and herbs can leave your head spinning. How do you know what you need? How much? Can you mix them? Can you afford so many different bottles?

Reliv takes the guesswork out of nutrition by providing all the nutrients you need in balanced, easy-to-use, economical formulas. From daily essential nutrition to targeted formulas for special needs, Reliv products are the perfect nutritional support to help you look good and perform at your best!

The Reliv Difference

Why do Reliv's premium nutritional formulas work when other supplements don't? We call it the Reliv Difference:

Bioavailability. The body can only use nutrients that it can readily absorb. Reliv's shakes and other specially designed products provide the body instant access to the nutrients they contain, providing greater benefit from each serving.

Synergism. Many vitamins and minerals only perform at their best when combined with other nutrients. Vitamin D helps with the absorption of calcium... vitamin C powers up vitamin E. This is called synergism, and it's the foundation behind every Reliv formulation.

Optimal Nutrition. Reliv goes beyond the minimum daily requirements to follow the standard of optimal nutrition, developed by researchers who have shown that higher levels of key nutrients are essential to good health and well-being.

Guaranteed Quality Ingredients. Our ingredients come from the most reputable suppliers and undergo rigorous testing when they first enter our plant, and again at each step in the manufacturing process. And because we own our manufacturing facility, we are able to ensure product purity and potency in every can — guaranteed.

Forefront of Nutritional Science

At Reliv, we take nutrition science seriously. Our foundational scientific philosophy — the Reliv Difference — has proven to be a superior approach to supplementation. Every day, Reliv scientists combine advanced research, leading-edge manufacturing and laboratory technologies, and rigorous testing to create uniquely effective formulas.

You have already taken a vital first step in improving your health — you have discovered Reliv. I encourage you to read through this catalogue, consult your personal Reliv Distributor and create a supplement program that's right for you. We're here to help you every step of the way.

To your health,

Dr. Carl W. Hastings

Reliv Vice Chairman & Chief Scientific Officer



Soy Much better!

Soy's health benefits - from heart health to weight loss - are well documented. But only recently have scientists uncovered the nutritional component within soy largely responsible. Studies now show the key is lunasin, a naturally occurring soy component proven to promote cell health.

Reliv fully harnesses the power of this amazing discovery by guaranteeing the amount of bioactive lunasin in our soy.

Reliv products are quite simply the most advanced soy formulations on the market today - **and they're available only from Reliv.**

feel great every day

essential nutrition



Reliv Now®

Your health is worth more than a bulk multivitamin pill. You deserve Reliv Now. Loaded with vitamins, minerals and antioxidants, Reliv Now is built on the latest findings in nutrition science. Its uniquely effective formula delivers a balanced array of the most advanced ingredients to give your body what it needs to thrive. Why settle for fine when you can feel great? Get your health up to speed with Reliv Now.

Vitamins & Minerals: contains more vitamins and minerals than leading multivitamin pills, in an easily absorbable liquid form. You get double the amount of vitamins B and E, and as much as eight times the vitamin C compared to many on the market. In addition, Reliv Now delivers higher levels of essential minerals such as copper, zinc, and calcium.

What's that mean for me?

Reliv products offer you a cutting-edge nutritional approach to take control of your health like never before.

They are quite simply the most advanced nutritional formulations on the market today.



Looking good and feeling great starts with quality nutrition.

powder packs a punch!

Many vitamins and minerals only perform at their best when combined with other nutrients. This is called synergism and it's the key to why Reliv's balanced formulas work when other supplements don't.

it's simple,
it's fast,
it works!

give your
body the
nutrients it
needs, and
you'll be
amazed at
what it
can do!

food compared to Reliv Now.

1 serving (2 scoops) of Reliv Now is equivalent to:

Vitamin B6	20 cups of raw brussel sprouts	
Vitamin B12	54 x 100g of chicken breasts	
Thiamin (B1)	6 ½ cups of raw peas	
Vitamin E	2 cups of almonds	
Niacin	27 cups of green beans	
Vitamin C	6 ¾ oranges	
Riboflavin	2 ltrs of fresh milk	
Magnesium	10 cups of raw chopped broccoli	
Folate	12 beef steaks	

for the cost
of a cappuccino
a day you can
look good and
feel great with
Reliv nutrition!

These are a just a handful of nutrients to demonstrate the amount you would have to eat in order to get the same levels of nutrition that's in Reliv Now.

Feel the Reliv difference!

Even when you think you're eating right, the processing, cooking, storing, farming or fertilising of your food may have robbed it of vital nutrients.

Through regular use of Reliv nutrition, you could experience any of these improvements:

- ✓ Increased **energy** and **reduced fatigue**
- ✓ Improved **alertness**, concentration and the ability to handle **stress**
- ✓ Increased **protection** to fight disease and build defences
- ✓ **Reduction in cravings** for sugar and junk foods
- ✓ Improved **digestion** and elimination
- ✓ Improved **sleep** patterns
- ✓ Improved **fitness** through extra energy.

get in shape. stay in shape. Reliv ReShape

**Full of the protein, vitamins, minerals and antioxidants
your body requires to be in great shape!**

ReShape is a scientifically formulated, low calorie meal replacement. Each serve contains 12 grams of non-GMO high quality soy protein and half of most of your recommended daily intake of vitamins and minerals. It's super satisfying and highly nutritious.

Just add water and shake for a delicious tasting creamy drink that will replace any meal of your choice.

Who can benefit?

Reshape provides optimum nutrition and energy for anybody and especially for those people who:

- Need to lose weight
- Lack time to prepare healthy meals.
- Skip meals and lack energy.
- Need a light but nutritious meal.
- Want to change their shape or manage their weight.



With Reshape there are no more excuses!

- ✓ ReShape your body
- ✓ ReShape your mind
- ✓ ReShape your lifestyle



*To be used in
conjunction with a
calorie controlled
diet and exercise.*

Join our Shape Up Program today!

SHAPE up with ReShape

reach your weight loss goals with ReShape, a sensible balanced diet and exercise!



MICHAEL LOST
15 KILOS
(IN 8 WEEKS)
52 YEARS OLD



LUIS LOST
12.7 KILOS
(IN 8 WEEKS)
40 YEARS OLD



CARLA LOST
9.4 KILOS
(IN 8 WEEKS)
34 YEARS OLD

Shaping Up Nicely! This is what people participating in the ReShape 8 week program had to say:

Michael lost 15kgs: My lifestyle has changed for the better. I'm more active, feel physically stronger and have been getting a lot more done around the house. I still have weight loss goals to reach and the dream to play one more game of touch footy, so I'm committed to the ReShape program.

Luis lost 12.7kgs: My experience with the program has been rewarding, encouraging and inspiring. Some of my work shirts and t-shirts look almost borrowed, and I can now fit into clothes I thought I would have to give away. I couldn't be happier with the results and the decision to participate in the program.

Carla lost 9.4kgs: The program was exactly what I needed to get 'in the zone'. It came at the perfect time, and because the shakes gave me heaps of energy, I could exercise without finding excuses. I was extremely happy seeing the weight going off every week, so that gave me the extra determination I needed to keep going!

Gary lost 5.8kgs: It is a great program! Exercise and changing eating habits are key partners in making it successful. Everyone I see has commented on how much weight I have lost.

Rachael lost 6kgs: I play soccer at a high level. Unfortunately during my winter season I had a bad injury and needed surgery and during my time away from the sport I put on some weight. I am close to the end of pre-season and have lost all the weight I put on from surgery. I am weeks ahead of where I thought I would be in regards to rehab, fitness and overall health. I couldn't have excelled this much without Reliv Reshape!

Cathy lost 7.5kgs: I've always tried diets but never saw results. With this program I felt motivated to lose the weight and loved the fact that every time I weighed myself I could see the weight coming off. I can't wait to buy a new swimming costume this summer!

Xcelerate your good health

Reliv LunaRich X™ - a factor in the maintenance of good health!

Combine Reliv LunaRich X™ with other Reliv products to bring out the SUPER YOU!





put the plus in your performance

Reliv Innergize!®

Energy for Your Busy Lifestyle

A delicious, tangy lemon flavoured electrolyte drink, efficiently replaces fluid and essential electrolytes; sodium, magnesium, potassium and calcium, lost during physical exertion, while providing a speedy, yet sustained source of energy.

Why is Reliv Innergize® so effective?

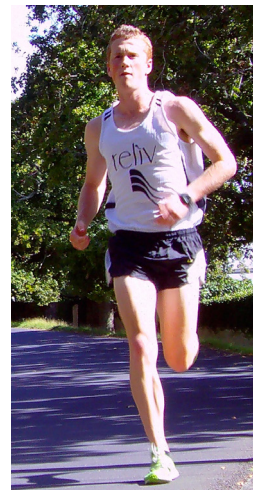
- Contains a balance of simple and complex carbohydrates to provide an effective source of energy.
- Replaces electrolytes, essential for good health — conforming to the highest standards.
- Delivered in an absorbable and delicious tasting (isotonic) drink to protect from dehydration.
- Contains no preservatives.

Avoid Heat Stress

Reliv Innergize® can benefit those working in industrial heat stress situations, not only as protection from the harmful effects of dehydration, but improved concentration can result in increased productivity and decreased work-related accidents.

What do electrolytes do?

We often lose essential minerals (electrolytes) when we sweat. These electrolytes are crucial to maintaining concentration and healthy muscles. Without them the metabolism of muscle cells can be affected; extra strains are placed on the cardiac system, and the body experiences thirst, exhaustion, and resultant loss in performance and concentration.



“Competing in track and field middle distance running, with anything from 1500m to 10kms, consistent training is important. It’s meant a lot to me to have confidence in my health, knowing I’m giving my body all it needs with the best proteins, vitamins and minerals possible. I’ve used other supplements before, however Reliv nutrition is simple to use and effective.”

Jono Jackson, Auckland NZ

Jono placed 2nd in the 2015 Auckland Marathon

keeping dehydration at bay and energy high!

give your kids a head start



Reliv Now For Kids®

Children have special nutritional needs. Growing bodies and developing minds need a full array of vitamins, minerals, protein and micronutrients to reach their full potential.

Feed the Need

Reliv Now for Kids® gives you a powerful weapon in combating fussy eaters and the ravages of today's fast food diets. More than just another vitamin pill, Reliv Now for Kids® provides the complete A-Z of vitamins and minerals, plus an array of advanced nutrients in a soy protein base.

Nourish the Brain

This dedicated children's supplement includes fish oil-natural containing Omega-3 fatty acids and Iodine. These ingredients help support normal brain and eye development, including brain function and normal mental development and function.

- Vitamin A for healthy eye sight.
- Omega 3 enhances brain function.
- Iodine helps support learning and concentration.
- Vitamin C helps keep skin and gums in good shape.
- Chromium metabolises carbohydrates and fats.
- B Vitamins B1 and B2 releases energy from the food you eat.
- Protein builds lean muscle and provides sustained energy.
- Iron carries oxygen around the body.
- Calcium for strong bones and teeth.
- Zinc aids the immune system.

Your kids will love the taste, and you'll love the convenience — just one creamy shake a day is all it takes to fortify your child with the advanced nutrition needed for a healthy future!

good health tastes great, too!



helping keep you healthy on the inside

Reliv FibRestore®

Dietary Fibre, Vitamin and Herbal Supplement

A fibre-rich, vitamin and herbal supplement, therapeutically listed in Australia, that provides the benefits of a high fibre diet, while protecting your body with potent antioxidants; betacarotene, and vitamins C and E.

How does it help?

Virtually fat-free, FibRestore® aids digestion as soluble and insoluble fibres combine to gently restore and maintain regularity.

Energy Up — Hunger Down

Fibre helps keep energy up while it curbs hunger, and can help control mood swings by stabilising blood glucose levels. Reliv FibRestore® makes daily elimination easier and more effective.



How much fibre should we eat?

Experts in Australasia and the World Health Organisation recommend an intake of at least 30 grams of fibre per day. In today's modern diet, we might receive as little as 10 grams of fibre per day.

Eating adequate fibre each day helps manage or may assist in preventing:

- bowel disorders
- type 2 diabetes
- cardiovascular disease
- weight gain

What does 30 grams of fibre look like?

8 Apples



or 12 potatoes



or 1½ loaves of bread



or 30 prunes



or 30 cups of corn flakes





run, pivot or play

Reliv A-affect®

Hydrolyzed Collagen and Herb Nutritional Supplement to Help Support Healthy Joint Function.



More and more health-conscious people are making exercise a regular part of their daily routine. If you run, pivot or play you already know flexibility to

exercise is vital to your continued mobility. The wear and tear of an active lifestyle, compounded by the effects of aging, make it difficult to maintain healthy joint function. As you age, more than ever nutritional supplementation needs to become part of your daily routine. Reliv A-affect®, containing hydrolyzed collagen — Arthred™, provides that nutritional support. The secret is in the formula, which delivers over 20 ingredients to support normal joint function.



Hydrolyzed collagen

Hydrolyzed collagen is a high-quality protein consisting of a series of 18 amino acids — the same amino acids that form the framework of the human cartilage.

life can
begin at 40



Reliv ReversAge®

Baby Boomers are getting older. Every day, another 10,000 turn 50. And as they age, the quest for youth is reaching fever pitch. They hope to stay as young as possible, for as long as possible.

What Causes Aging?

Environmental factors such as high fat diets, smoking and sedentary lifestyles exacerbate the aging processes already at work, leaving our bodies less able to recover and repair, further reducing our capacity to fight back.

Stop the Clock

Reliv ReversAge® herbal, antioxidant supplement, with its innovative blend of ingredients, helps you feel more youthful and helps overcome those unwelcome changes that appear as the years go by.





take control of your life with reliv

My Reliv business income has set me up for life. I love what I'm doing and to help others realise their dreams is most rewarding. The thing is, this opportunity is open to all — anyone can do it. There are no age barriers, no university degrees or other educational requirements to build a Reliv business, otherwise I would have missed out on the most exciting 20 years of my life. All you have to do is talk to others — giving them the gift you were given — the Reliv opportunity!

Nola Giles of Wheelers Hill, Victoria

The same passionate commitment to quality and integrity behind Reliv's unique product line also drives every aspect of the Reliv business. Through a network of tens of thousands of independent Distributors worldwide, Reliv provides a lucrative opportunity for anyone looking to start their own business. And Reliv is so much more than just a business — it's a lifestyle that puts you in control. You decide your schedule, so you can work your business around family and personal priorities. You decide your income level based on the time and effort you're willing to invest. You decide when and where you want to work and what you want to achieve.

For those seeking financial freedom and the chance to achieve their dreams, there's nothing quite like the Reliv opportunity. To learn more, contact the Distributor who gave you this catalogue or register online at relivasiapacific.com.au or relivasiapacific.co.nz

the reliv difference

Reliv Now®

CONSUMER INFORMATION PANEL

Each container provides 30 days supply when used as recommended.
Each 18.58 g (2 scoops) provides:

Beta-carotene.....	9.2 mg
Ascorbic Acid (Vitamin C).....	480.0 mg
Thiamine (as hydrochloride) (Vitamin B1).....	2.5 mg
Riboflavin (Vitamin B2).....	3.7 mg
Nicotinamide (Vitamin B3).....	20.0 mg
Cholecalciferol (Vitamin D3).....	10.0 mcg
d-alpha-Tocopheryl acetate (Vitamin E).....	60 mg
Pyridoxine (as hydrochloride) (Vitamin B6).....	4.0 mg
Folic Acid.....	275.0 mcg
Cyanocobalamin (Vitamin B12).....	18.0 mcg
Phytomenadione (Vitamin K).....	100.0 mcg
Pantothenic acid (as Calcium pantothenate).....	20.0 mg
Biotin.....	300.0 mcg
Calcium (from Carbonate and hydrofate phosphate anhydrous).....	985 mg
Potassium (from Potassium citrate).....	250.0 mg
Iron (from Ferrous fumarate).....	2.5 mg
Phosphorus (from Calcium hydrogen phosphate anhydrous and Magnesium phosphate).....	553 mg
Magnesium (from Magnesium phosphate).....	209.0 mg
Iodine (from Potassium iodide).....	150.0 mcg
Zinc (from Zinc oxide).....	15.0 mg
Copper (from Copper gluconate).....	2.0 mg
Manganese (from Manganese (II) Sulfate monohydrate).....	2.0 mg
Selenium (Selenomethionine).....	50.0 mcg
Chromium (Chromic chloride).....	50.0 mcg
Molybdenum (High yeast).....	60.0 mcg
Pinus pinaster stem bark ext. dry conc. (Pycnogenol®) equiv. to Pinus pinaster stem bark dry.....	1.5 gm
Papain.....	245 mcg
Methionine.....	37.9 mg
Bromelains.....	3.5 mg

Includes powders of:

Capsicum annuum fruit (Cayenne).....	17.0 mg
Allium Sativum bulb (Garlic).....	3.0 mg
Juglans Cinerea Stem bark (Butternut).....	5.0 mg
Rosa canina (fruit) (Rose hips).....	17.0 mg
Rheum Officinale root (Rhubarb).....	17.2 mg
Glycyrrhiza glabra root (Licorice).....	17.2 mg
Ascophyllum Nodosum whole plant (Kelp).....	29.0 mg
Chondrus Crispus whole plant (Irish Moss).....	5.0 mg
Rutina (Sophora Japonica).....	24.0 mg

In a base containing:
Non-GMO Soy protein, Non-GMO soy powder (LunaRich™), starch-maize, maltodextrin, inulin, steviol glycosides, natural and artificial flavours, lecithin, fructose, sucrose and other manufacturing aids.

LunaRich X®

Consumer Information Panel
Serving Size: 3 capsules
Servings per Container: 40

Active ingredient:

Pyridoxine (Vitamin B6 as pyridoxine hydrochloride)..... 0.82 mg.
Other ingredients: Non-GMO soy protein (LunaRich X™), water, hypromellose, Glycine Max.

Reliv products are not intended to diagnose, treat, cure or prevent any disease or medical condition.

Innergize®

CONSUMER INFORMATION PANEL

Each container provides 30 servings.
Per serving 18g (in 250ml water) Per 7.2g (in 100ml water)

Energy (average value).....	245 kJ (59 cal).....	98kJ (23.6 cal)
Protein.....	0 g.....	0 g
Fat, total.....	0 g.....	0 g
Carbohydrate, total.....	16.1 g.....	6.44 g
Fructose.....	9.8 g.....	3.92 g
Complex carbohydrate.....	6.3 g.....	2.52 g
Sodium.....	103.5 mg.....	41.4 mg
Potassium.....	29.3 mg.....	11.72 mg
Magnesium.....	12.1 mg.....	4.84 mg
Calcium.....	10.0 mg.....	4.00 mg

Ingredients: Fructose, Maltodextrin, Food acid (citric acid), Sodium chloride, Flavour (nature identical), Magnesium sulfate, Potassium chloride, Calcium chloride, Colour. Extreme exercise regimes may require increased dosage to replenish sodium loss.

FibRestore®

CONSUMER INFORMATION PANEL

Each container provides 30 days supply when taken once daily.
Each 14 g (1 scoop) provides:

Beta-carotene.....	3.25 mg
d-alpha-Tocopheryl acetate.....	160.00 mg
Ascorbic acid (Vitamin C).....	363.00 mg
Chondrus crispus whole plant (Irish Moss) powder.....	8.44 mg
Guar gum.....	117.00 mg
Panax ginseng root (Korean Ginseng) powder.....	8.44 mg
Eleutherococcus senticosus root (Siberian Ginseng) powder.....	8.44 mg
Allium sativum bulb (Garlic) dry.....	8.44 mg
Capsicum annuum fruit (Cayenne) powder.....	16.87 mg
Glycyrrhiza glabra root (Licorice) powder.....	8.44 mg
Ascophyllum nodosum whole plant (Kelp) powder.....	8.44 mg
Rheum officinale root (Rhubarb) powder.....	8.44 mg
Hibiscus sabdariffa flower (Hibiscus) powder.....	8.44 mg
Cichorium intybus root (Chicory) powder.....	8.44 mg
Taraxacum officinale root (Dandelion) powder.....	8.44 mg
Zingiber officinale rhizome (Ginger) powder.....	8.44 mg
Apium graveolens seed (Celery).....	8.44 mg
Hemidesmus indicus root (Sarsaparilla) powder.....	8.44 mg
Trigonella foenum – graecum seed (Fenugreek) powder.....	8.44 mg

In a base containing the following ingredients:
Maize Bran Dry, Non-GMO Soy Lecithin, Soya Bran Dry, Oat Bran Dry, Apple Fibre Dry, Citrus Fibre Dry, Pea Dry, Carageenan, Xanthan Gum, Acacia, Citric Acid Anhydrous, Inulin, Sucralose, Starch Soluble-Potato, Pineapple Flavour. Contains Gluten.

Reliv Now For Kids®

CONSUMER INFORMATION PANEL

Each container provides 15 days supply when used as recommended.
Each 28.75g (1 scoop) provides:

Beta-carotene.....	1.7 mg
Cholecalciferol (Vitamin D3).....	5.0 mcg
d-alpha tocopheryl acetate (Vitamin E).....	15.0 mg
d-alpha tocopheryl acetate (Vitamin E).....	38.0 mg
Biotin.....	150.0 mcg
Folic acid.....	200.0 mcg
Nicotinamide.....	10.0 mg
Pantothenic acid (as Calcium pantothenate).....	5.0 mg
Thiamine (as hydrochloride) (Vitamin B1).....	750.0 mcg
Cyanocobalamin (Vitamin B12).....	3.0 mcg
Riboflavin.....	850.0 mcg
Pyridoxine (as hydrochloride) (Vitamin B6).....	1.0 mg
Ascorbic acid (Vitamin C).....	135.0 mg
Phytomenadione (Vitamin K).....	50.0 mcg
Copper (as gluconate).....	1.0 mg
Iodine (as Potassium iodide).....	75.0 mcg
Iron (as Ferrous fumarate).....	9.0 mg
Calcium (as Calcium carbonate).....	576.5 mg
Manganese (as Manganese sulfate monohydrate).....	500.0 mcg
Magnesium (as Magnesium phosphate dibasic trihydrate).....	120.0 mg
Phosphorus (as Magnesium phosphate dibasic trihydrate).....	155.0 mg
Zinc (as Zinc amino acid chelate).....	7.5 mg
Chromium (as Chromic chloride).....	50.0 mcg
Molybdenum (as Yeast-high Molybdenum).....	50.0 mcg
Inulin.....	400 mg
Fish oil-natural.....	150 mg

Contains: Maltodextrin, sodium chloride, fructose and sucrose. LunaRich Made using Non-Genetically Modified Soy.

ReversAge®

DIETARY SUPPLEMENT

CONSUMER INFORMATION PANEL

Each container provides 30 days supply when used as recommended.
Each 16g (1 scoop) provides:

Acetyllevocarnitine hydrochloride.....	100.00 mg
Ubidecarenone (Coenzyme Q 10).....	7.50 mg
R-S alpha lipoic acid.....	50.00 mg
DHA/EPA Rich Schizochytrium Algal Oil.....	16.74 mg
equiv. DHA.....	5mg
Urtica dioica (nettle) Leaf.....	31.25 mg
Selenium (from Selenomethionine 62 mcg).....	25.00 mcg
Punica granatum (pomegranate) fruit ext. dry conc. (equiv dry fruit).....	80.00 mg (1.52 g)
Camellia sinensis (green tea) leaf ext. dry conc. (equiv dry leaf).....	80.00 mg (280.00 mg)
Bacopa monnieri (water hyssop) leaf ext. dry conc. (equiv dry leaf).....	100.00 mg (800.00 mg)
Coleus forskohlii (coleus) root ext. dry conc. (equiv dry root).....	50.00 mg (1.50 g)
Lactobacillus acidophilus.....	5.00 mg
Bifidobacterium bifidum.....	5.00 mg

In a base containing: Non-GMO Soy Protein, Citric Acid Anhydrous, Chlorella, Spirulina, Apple, Natural and Artificial

ReShape®

CONSUMER INFORMATION PANEL

Each container provides 10 servings.
Per serving 48g provides:

	PER SERVING (48g)	PER 100g
Energy.....	861.9KJ (206 Cal)	1795.3KJ
Protein.....	12g	25.0g
Fat.....	7.6g	15.8g
Saturated Fat.....	1.7g	3.54g
Carbohydrates.....	22.5g	46.9g
Sugars.....	15.3g	31.9g
Fibre.....	1.5g	3.1g
Linoleic Acid (polyunsaturated fatty acids).....	0.3g	0.6g
Sodium.....	108.4mg	225.8mg
Potassium.....	372.1mg	775.1mg

VITAMINS % DAILY ALLOWANCE

Vitamin A.....	39	237.6mcg	494.9mcg
Vitamin B1.....	50	0.55mg	1.1mg
Riboflavin.....	50	0.85mg	1.8mg
Vitamin B12.....	50	1.0mcg	2.1mcg
Niacinamide.....	50	5.0mg	10.4mg
Vitamin C.....	50	20.0mg	41.7mg
Vitamin D.....	50	4.17mcg	8.7mcg
Vitamin B6.....	50	0.80mg	1.7mg
Vitamin E.....	50	5.0mg	10.4mg
Folic Acid.....	50	0.10mg	0.2mg

Pantothenic Acid (d-calcium pantothenate)

.....	17	0.80mg	1.7mg
Biotin.....	17	5.0mcg	10.4mcg
Vitamin K.....	50	40.0mcg	83.3mcg

MINERALS

Calcium.....	50	420.0mg	874.9mg
Iodine.....	50	67.9mcg	141.4mcg
Iron.....	40	3.18mg	6.6mg
Phosphorus.....	40	410.0mg	854.0mg
Magnesium.....	50	160.0mg	333.3mg
Zinc.....	40	4.8mg	10.0mg
Copper.....	13	0.275mg	0.6mg
Selenium.....	25	16.2mcg	33.7mcg
Molybdenum.....	17	39.35mcg	82.0mcg
Chromium.....	17	31.48mcg	65.6mcg
Manganese.....	17	0.73mg	1.5mg

INGREDIENTS: [Sweetener] Fructose, Non-dairy creamer (partially hydrogenated canola oil, maltodextrin, potassium caseinate, Non-GMO soy lecithin, dipotassium phosphate and tricalcium phosphate), Non-GMO Soy Protein Isolate, Non-GMO LunaRich™ Soy Powder, Natural & Artificial Flavour, [Pre-Biotic] Inulin and [Processing Aid] Non-GMO Soy Lecithin.
Vitamins: Ascorbic Acid, d-Alpha Tocopheryl Acetate, Niacinamide, Vitamin K, Vitamin A Palmitate, Vitamin D3, Pyridoxine Hydrochloride, Folic Acid, Riboflavin, Thiamin Hydrochloride, Calcium Pantothenate, Biotin and Vitamin B12. **Minerals:** Dimagnesium Phosphate, Dicalcium Phosphate, Potassium Chloride, Sodium Chloride, Zinc Methionine, Ferrous Fumarate, Potassium Iodide, Sodium Molybdate, Manganese Sulfate, Copper Gluconate, Sodium

A-affect®

CONSUMER INFORMATION PANEL

Each container provides 30 servings.
Serving Size: 1 scoop (8.5g) scoop provided.

	Per serving	Per 100g
Energy.....	125.5KJ (30 Cal)	1,476KJ (353 Cal)
Protein.....	7.0g	82.35g
Fat.....	NIL	NIL
Carbohydrate Total.....	NIL	NIL
Sugars.....	NIL	NIL
Cholesterol.....	NIL	NIL
Fibre (dietary).....	NIL	NIL
Sodium.....	14.0 mg	164.6 mg
Potassium.....	15.0 mg	176.4 mg

Ingredients: Arthred™ (Hydrolyzed Collagen), Glucosamine Hydrochloride, Gingko Biloba, Non-GMO Soy Lecithin, Natural and Artificial Flavours, Kelp, Licorice Root, Burdock Root, Cat's Claw, Sarsaparilla Root, Ashwagandha, Turmeric, Echinacea Root, Yucca Root, Bilberry Fruit, Devils Claw, Celery Seed, Aloe Vera, BioPerine™ (Black Pepper), Boswellia Serrata.
** BioPerine™ is a registered trademark of the Sabinas Corporation

Use only as directed. Always read the label.
Vitamin supplements should not replace a balanced diet



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