



Performance Nutrition

Need a plant-based protein that will give you an athletic edge? ProVantage marks a major advancement in the science of sports nutrition thanks to advanced ingredients like LunaRich, Tonalin®, MCTs, Creatine, CoQ10 and supercharged amino acids. Formulated with 13 grams of plant-based protein for muscle repair and faster recovery. 15 servings.

May be taken any time of day, but for optimal muscle recovery, use ProVantage within 60 minutes following exercise.

Patented Performance

Whether you train in the gym, on the track or in your backyard, you need the right fuel. But most of us don't even come close to consuming the nutrients we need to operate at our peak. Fortunately, ProVantage® meets your nutritional needs for both immediate and long-term athletic performance. It's the edge you've been looking for.

Work harder. From adding extra reps at the gym to hiking further up that hill — discover the stamina to power through fatigue.

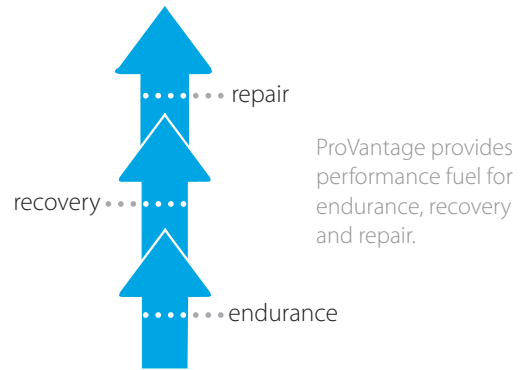
Recover faster. Don't settle for sore muscles. A precise balance of nutrients can shorten recovery time.

Get stronger. The right protein helps you build higher-quality muscle than you ever thought possible.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



For more information or to order:
800 RELIV US (735.4887) reliv.com/provantage



LunaRich® Soy Powder: Powerful Protein

For decades, fitness buffs have turned to protein powders to increase muscle mass and improve post-workout muscle recovery. Soy is a complete protein containing all nine essential amino acids in sufficient quantities to meet the body's needs. Soy also contains healthy isoflavones — antioxidants that combat cell damage.

Another key cell-protecting component of soy is lunasin — a naturally-occurring peptide. Lunasin combats the oxidative stress and inflammation caused by strenuous exercise. The **LunaRich®** soy powder in ProVantage delivers more lunasin — often many times more — than any other soy powder available.

For powerful performance, ProVantage with LunaRich gives you the edge.

Optimal Ingredients

When it comes to protein powders, athletes have an array of options. But ProVantage is more than just protein; it's the only high-performance formula to unite such a potent combination of powerful antioxidants and supercharged amino acids — with a patent to prove it.

Medium Chain Triglycerides (MCTs): help reduce body fat and increase muscle mass, improve muscle repair and muscle quickness and provide more energy than carbohydrates.

Tonalin® (conjugated linoleic acid-CLA): reduces fat and increases muscle tone by helping the body extract more energy from food.

Creatine: sustains peak performance for longer periods of exercise and reduces muscle recovery time.

CoQ10 & Grape Seed Extract: promote energy production, combat free radicals and support the immune system.

L-Carnitine, L-Glutamine & Ornithine Alpha Ketoglutarate (OKG): combine to optimize muscle function, reduce fatigue, enhance energy production, shorten recovery time and convert fat to energy.