

Your local Independent
Reliv Distributor is:

Supplement Facts

Serving Size: 1 Scoop (19 g)
Servings Per Container 30

	Amount per Serving	% Daily Value
Calories	70	
Total Carbohydrate	17 g	6%†
Sugars	13 g	
Vitamin A*		
(100% as Beta Carotene)	2,400 IU	48%
Vitamin C	60 mg	100%
Calcium	100 mg	10%
Magnesium	40 mg	10%
Zinc	4 mg	27%
Chromium	43 mcg	36%
Sodium	50 mg	2%
Potassium	60 mg	2%

†Percent Daily Values are based on a 2,000 calorie diet.
**Daily Values not established.

Other Ingredients: Fructose, Maltodextrin, Citric Acid, Tricalcium Phosphate, Natural Flavor, Potassium Citrate, Beta Carotene, Sodium Chloride, Magnesium Oxide, Ascorbic Acid, Sunflower Oil, L-Glutamine, OptiZinc® brand of Zinc Monomethionine, L-Carnitine and ChromeMate® Brand of Niacin Bound Chromium Polynicotinate.

*Orange flavor

%DV Vitamin A for Natural Lemon flavored Innergize! is 5%.
(100% as Beta Carotene)



reliv.com/innnergize

For more information or to order:
800 RELIV US (735.4887)
reliv.com



TEAM RELIV

join the team: [facebook.com/teamreliv](https://www.facebook.com/teamreliv)



glutenfree



Innergize! is vegetarian, certified Kosher and Halal, ideal for those with lactose intolerance, and contains no animal compounds, artificial preservatives, artificial sweeteners or trans fat.

Innergize! holds US patent # 5,294,606

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reliv.

power up!

performance hydration for your active lifestyle

Innergize!®

performance hydration for your active lifestyle



Beyond Hydration

We know hydration is vital to athletic performance. Dehydration can lead to physical fatigue, muscle cramps and even impaired mental function.

Studies show the benefits of isotonic sports drinks go beyond simple hydration. In fact, the American College of Sports Medicine recommends a carbohydrate-based sports beverage throughout strenuous exercise to provide sustained power, replace energy and ensure rapid muscle recovery. Patented Innergize!® performs better than water alone, replacing electrolytes and other key nutrients lost during exercise.

Still think plain water is enough?

Peak Performance

Innergize! provides your body with the combination of vitamins, minerals and amino acids it needs to stay in top form. It's the perfect complement to your active lifestyle. With Innergize!, you can excel — on or off the playing field!

At the gym. Keep yourself running with a bottle of Innergize! on the treadmill to replace electrolytes critical to endurance.

On the field. Hit a home run when you fill the water cooler with Innergize! to give the little league team an extra advantage.

In hot weather. Combat dehydration and overheating when you're mowing the lawn in the summer sun.

For everyday energy. Enjoy Innergize! daily for a refreshing way to keep you going through work and errands all week long. With two delicious options — orange or lemon — there's a flavor you're sure to love!

Powerful Ingredients

Distinctive, advanced ingredients mean Innergize! stands out in a crowd of sports beverages.

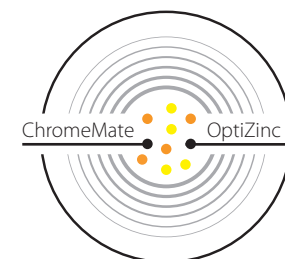
ChromeMate®: plays a vital role in energy production, muscle development and metabolism.

OptiZinc®: helps repair muscle damage and speed recovery after workouts while strengthening immune system.

L-Carnitine & L-Glutamine: help burn fat, promote lean muscle development and transport fatty acids to release more energy.

Potassium & Sodium: support muscle exertion without cramping and perspiration without salt depletion.

Studies show the ingredients ChromeMate and OptiZinc in Innergize! are more readily absorbed and retained compared to other chromium and zinc supplements.



These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.