

Your local Independent
Reliv Distributor is:



reliv.com/cardiosentials

For more information or to order:
800 RELIV US (735.4887)

reliv.com



Supplement Facts		
Serving Size: 1 Scoop (11 g)		
Servings Per Container 30		
Amount per Serving % Daily Value		
Calories	25	
Total Carbohydrate	7 g	2%†
Dietary Fiber	1 g	4%†
Sugars	1.1 g	
Sodium	21 mg	<1%
Potassium	65 mg	2%
Plant Sterols (Phytosterols)	1.5 g	**
Psyllium (seed) Husk	100 mg	**
Wild Green Oat (leaf) Extract (Beta Glucan)	486 mg	**
Pantethine (Pantesin®)	360 mg	**
Guggul (gum resin) (2.5% Guggulipid)	350 mg	**
Potassium D-Glucarate	200 mg	**
Chinese Salvia (root and rhizome)		
(60% Magnesium Salviaolate)	150 mg	**
Artichoke (root) extract	100 mg	**
Optiberry® Blend	100 mg	**
Blueberry (fruit) extract		**
Strawberry (fruit) powder		**
Cranberry (fruit) powder		**
Bilberry (fruit) extract		**
European Elder (fruit) extract		**
Raspberry (seed) powder		**
Coenzyme Q 10	50 mg	**
Japanese knotweed (root) extract		
(Protykin®)	25 mg	**
Policosanol (from Sugarcane)		
(whole plant) extract	20 mg	**

†Percent Daily Values are based on a 2,000 calorie diet.
** Daily Value not established

Other Ingredients: Maltodextrin, Fructose, Natural and Artificial Flavors, Inulin, Citric Acid, Non-GMO Soy Lecithin, Rebiana (stevia leaf extract).



gluten free



CardioSentials is vegetarian, ideal for those with lactose intolerance, and contains no animal compounds, artificial preservatives, cholesterol or trans fat.

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cardio sentials®

love your heart
clinically proven to support cardiovascular health

Take It to Heart

Every 35 seconds, someone in America dies of cardiovascular disease (CVD). Although many of these deaths are preventable, controlling risk factors such as cholesterol and triglycerides can be difficult.

CardioSentials® offers an easy nutritional solution to fit your busy lifestyle. Just one scoop of berry-flavored CardioSentials a day can help reduce total cholesterol, LDL (bad) cholesterol and triglycerides, as well as increase HDL (good) cholesterol and lower blood glucose levels. It's been proven effective in a clinical trial.

With CardioSentials, you can pursue heart health without missing a beat.

Total Heart Health

CardioSentials contains a unique blend of powerful nutrients to support cardiovascular health — and it starts with phytosterols. The American Heart Association recommends 1,000-2,000 mg of phytosterols per day to reduce heart disease risk by blocking the absorption of dietary cholesterol. CardioSentials provides a healthy 1,500 mg of phytosterols per serving, plus several other heart-healthy ingredients:

Policosanol: helps maintain normal cholesterol and enhances coronary blood flow.

OptiBerry®: relaxes arterial walls to keep blood flowing.

CoQ10: energizes the heart.

Gugulipid: maintains healthy levels of cholesterol and triglycerides and protects against hardening of the arteries.

Protykin®: contains more than 1,000-times the amount of the same antioxidant ingredient in red wine believed to promote cardiovascular health.

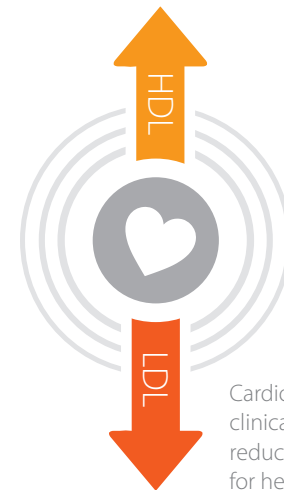
Clinically Proven

A study published in the *Journal of Complementary and Integrative Medicine* showed CardioSentials to be effective in lowering risk factors for cardiovascular disease. The double-blind, placebo-controlled clinical trial tested individuals taking statin medications and participants not on statins. Both groups significantly reduced key risk factors for CVD. (All numbers are averages.)

- Total cholesterol - 7%
- LDL (bad) cholesterol - 9%
- HDL (good) cholesterol + 4%
- Triglycerides - 13%
- Fasting glucose - 6%

View the complete study at reliv.com/cardiosentials

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



CardioSentials was clinically shown to reduce key risk factors for heart disease.



clinically proven
to support cardiovascular health